

Victoria Hills Neighbourhood Association

10 Chopin Dr, Kitchener, ON N2M 2G2 - 519-741-2717



WINTER



2026

Victoria Hills Community Centre Registration Day Information:

Kitchener Residents:

**Tuesday, December 9 starting at
8:30 AM**

Non-Kitchener Residents:

**Tuesday, December 16 starting at
8:30 AM**

You can register:

In person

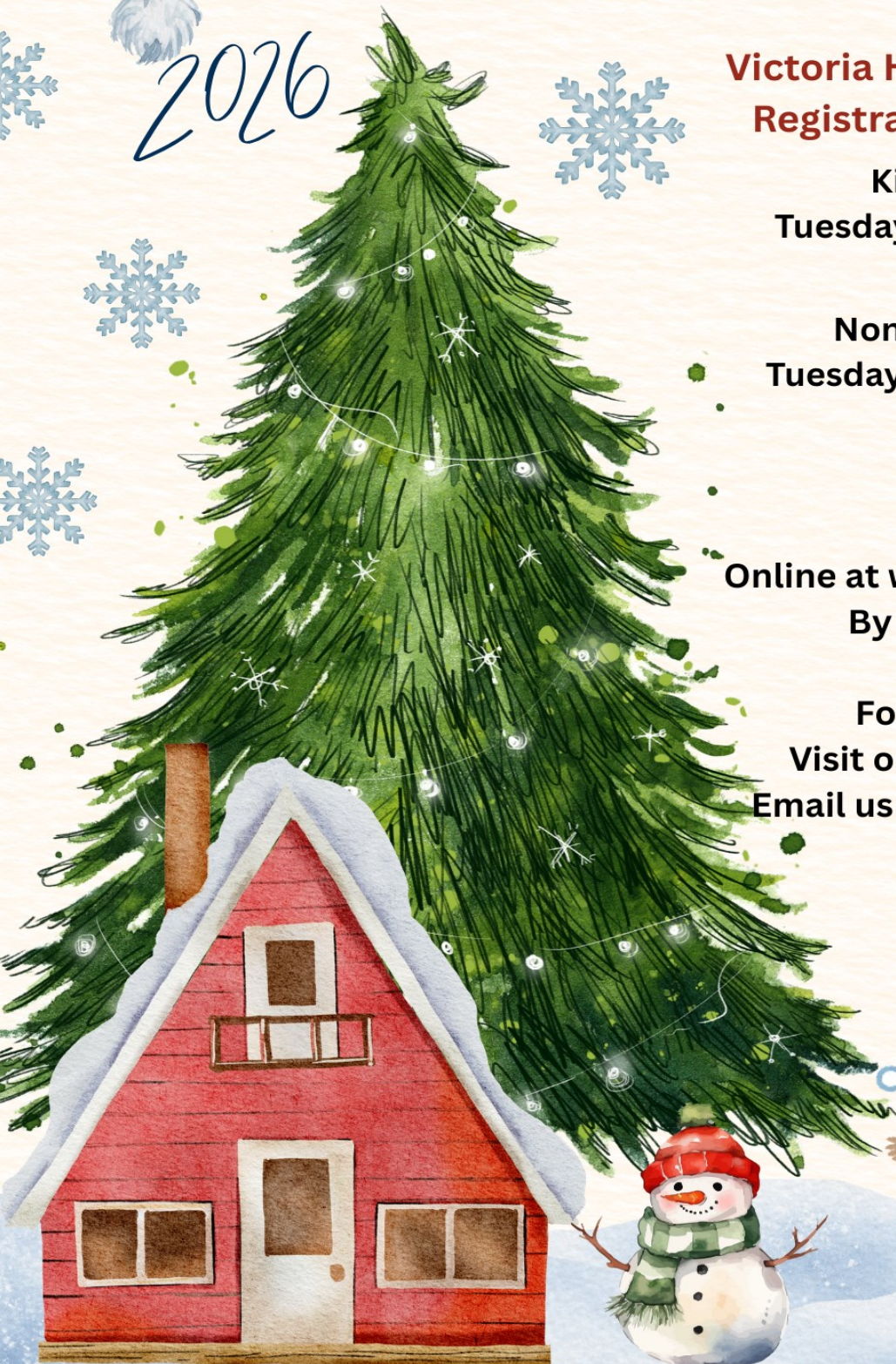
Online at www.kitchener.ca/activenet

By phone: 519-741-2717

For more information:

Visit our website: www.vhna.ca

Email us at: programming@vhna.ca



Victoria Hills

NEIGHBOURHOOD ASSOCIATION

10 CHIOPIN DRIVE, KITCHENER



Hello neighbours! As winter settles in, many of us find ourselves hoping for a bit of snow to brighten the Christmas season - though the weather in Kitchener always keeps us guessing. No matter what the forecast brings, the Victoria Hills Neighbourhood Association (VHNA) is pleased to welcome this new season with you and share a few highlights and upcoming events in our neighbourhood.

This past year was filled with wonderful community moments. **Our SummerFest at the end of June brought together over 500 residents**, offering a full day of games, music, food, and reconnecting with neighbours. The event wrapped up with **open-air movie**, a perfect way to end a warm and memorable day. We also hosted the **Skatium mobile skatepark**, which gave youth a fun and active space to learn new skills and engage with their community.

Looking ahead, **the City and VHNA have started planning improvements for Gzowski Park and Timm Park**. These parks are important gathering spaces, and we want to ensure they continue to serve the needs of our growing and diverse neighbourhood. To help guide these plans, **VHNA will soon launch a community survey**, supported by local youth volunteers assisting with outreach and engagement. We encourage all residents to participate once the survey is available—your input will directly help shape the future of our parks and local programs.

We are also excited to invite you to **WinterFest on Saturday, December 6, from 1:00 to 3:00 p.m. at the Victoria Hills Community Centre**. Join us for photos with Santa, face painting, crafts, youth basketball, music, warm treats, and local vendors. The event is free, and everyone is welcome.

Beyond WinterFest, there are many ways to stay active and engaged throughout the season. The VHNA is offering a full range of winter programs for all ages, including fitness and yoga classes, badminton, children's activities, after-school programming, and creative workshops. Winter program registration opens **Tuesday, December 9th at 8:30 a.m. for Kitchener residents, and December 16th for non-residents**, with registration available online via the City's ActiveNet system or in person at the Community Centre.

As always, our events and programs rely on the dedication of community volunteers. If you'd like to help at WinterFest, support park projects, participate in the survey, or share ideas for future initiatives, we would be happy to have you join us. Even a small amount of time makes a meaningful difference. **For more information, please visit vhna.ca.**

We wish you a warm and joyful winter season and look forward to seeing you at WinterFest and around the neighbourhood.

With warm wishes, Victoria Hills Neighbourhood Association (VHNA)

Maxim Smetanin
VHNA Treasurer



We would like to acknowledge this community centre is situated on land that is the traditional home of the Haudenosaunee (Ho-deh-no-show-nee), Anishinaabe (Ah-nish-nah-bay) and Neutral People. We recognize and deeply appreciate their historic connection to this place. We also recognize the contributions Indigenous peoples have made in shaping and strengthening this community. We are grateful for the opportunity to meet here and re-affirm our collective commitment to make the promise and the challenge of Truth and Reconciliation real in our community.

A Word From Your Councillor



Councillor **Margaret Johnston**
Ward 8



Hi Neighbours and Happy Winter!

It's the time of year when many of us are looking to leave our homes and go out and do something fun! We're so blessed to have our amazing Victoria Hills Community Centre close by and ready to help us get rid of any winter blues we might be feeling!

The Community Centre is always abuzz with activity! That's one of my favourite things about visiting there. Lots of programs, young children, teens and adults finding and making their space there!

Visitors to the Community Centre may have noticed a bright new addition to the Centre in the form of our Kitchener Public Library, Library Lockers! The Kitchener Public Library has brought the library to you! Pick up holds, browse, borrow and return items from the library locker located in Centre foyer. All you need is a library card! Lockers are currently available at Chandler Mowat Community Centre and Victoria Hills Community Centre, during open hours only. The lockers are available on a first-come, first-served basis.

The library lockers are refreshed each week. You will have five days to pick up your hold(s). I'm thrilled that Victoria Hills was chosen as one of two Community Centre locations to get a library locker.

Here is the link to get a library membership and start borrowing online: kpl.org/your-account/library-cards/register-online. Once you have that in place you can order the books you would like, pick them up at your locker at the community centre and return them back again when they are due. Such a terrific service!

That's just one great idea to help you enjoy the winter. I encourage you to check out the many programs and events at the Victoria Hills Community Centre.

Please contact me with any questions or concerns you may have at: councillor.johnston@kitchener.ca, or call me at 519-741-2796.

Sincerely,



Host a concert

Sign up at www.kitchener.ca/NeighboursDay to host a concert during Neighbours Day on Saturday June 20, 2026.

Applications will open February 2, 2026.

CITY OF KITCHENER RESOURCES

Inclusion Support

If you or your child has a disability and needs support to join any of our programs, you can apply for an inclusion membership. We will work with you to find the best accommodation, through these methods:

- ♦ Program adaptations
- ♦ 1:1 support
- ♦ Other means of assistance



We also welcome support through personal support workers and our personal attendant for leisure (PAL) program.

Apply online at:

<https://www.kitchener.ca/en/recreation-and-sports/inclusion-support.aspx>

Leisure Access

If program fees are preventing you or a member of your family from joining a City Program, or Neighbourhood Association program fee assistance may be available. You could qualify for \$400 per family member

You can apply online at:

<https://www.kitchener.ca/en/recreation-and-sports/leisure-access-fee-assistance.aspx>

Paper applications are available at any community centre.

For more details please call any community centre.



Book free space at your local community centre!

Book A Community Room

You can book a free time to use a room for meetings.

Book A Gym

You can book a free time to use a community center gym for physical activity. Please bring your own equipment

www.kitchener.ca/bookfreespace

FACILITY RENTALS

The Victoria Hills Community Centre gymnasium is a great location for: meetings, parties (large or small), cultural events, church get-togethers, sporting events, receptions, anniversaries and family events, as well as special events. We also rent our other rooms, inquire at www.kitchener.ca/book

REGISTRATION FOR WINTER 2026

**Registration for all Victoria Hills Community Centre
Winter Programs will begin on Tuesday, December 9, 2025
starting at 8:30 am for Kitchener Residents and
on Tuesday, December 16, 2025 at 8:30 am for Non-Kitchener Residents.**

ActiveNet Online Program Registration

Existing Accounts	New Customers
<p>Step 1: Go to www.kitchener.ca/activenet</p> <p>Step 2: Click on 'Sign In'</p> <p>Step 3: (First time only) Click on 'Forgot Password' and enter your email address to have your login information sent to you.</p> <p>If you have an account but it's not accepting your email, please call 519-741-2200 x2907</p>	<p>If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:</p> <p>Step 1: Go to www.kitchener.ca/activenet</p> <p>Step 2: Click on sign in/ up</p> <p>Step 3: Complete your information</p>

In order to register, you will need login information (email and password), the course code for the activity you wish to register in (it is also possible to search for the activity), and your credit card number and expiry date.

Refunds and Withdrawals:

A 100% refund will be given if you withdraw from the program more than 7 days before the first day of the program.

Refunds will only be given in the same form as the original payment. Cash refunds over \$20 will be refunded by cheque. Please note: If credit is left on an account, the credit will expire after three years.

NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.

Programming Changes:

Programming, pricing, and instructors may be subject to change. For the most up-to-date information please call the Community Centre.

Spectators:

To ensure safety and program quality, spectators are not permitted in the program rooms.

Inclement Weather Policy:

If the center is closed, all programs are canceled for the entire day. A school closure may also cancel most programs. Check your local radio stations or visit www.kitchener.ca for updates. There are no refunds or replacement classes offered when programming is canceled due to inclement weather.

Leisure Access:

The City of Kitchener Leisure Access Fee Assistance offers financial support for residents of Kitchener with low income. Applications can be picked up at any Community Centre, Indoor Pool, City Hall, or online at www.kitchener.ca/feeassistance

VHNA fee Assistance : *|| The VHNA will provide some fee assistance to those that have current Leisure Access Fee Assistance; A Ppf6 or .Ppf0 fee subsidy will be provided for 7 program per session; To know more email;*

programming@vhna.ca

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.
THERE WILL BE NO PROGRAMMING ON FAMILY DAY AND MARCH BREAK (MARCH 16-20)

CHILDREN & YOUTH PROGRAMS

Children and Youth Music



Learn to play piano in small group classes. Children must have the ability to remain engaged in the classroom without a parent. Children must also have the ability to follow the teachers instruction in order to learn to read music. Piano provided.

*Due to high demand for the Piano program, each participant is limited to one registration per week/session *

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Piano for Kids	5-8 Y	\$120/10 weeks	Mon 4:30-5:25 pm	Jan 12-Mar 30	199244
	5-8 Y	\$120/10 weeks	Mon 5:30-6:25 pm	Jan 12-Mar 30	199245
	6-11 Y	\$120/10 weeks	Mon 6:30-7:25 pm	Jan 12-Mar 30	199252
	12-17 Y	\$120/10 weeks	Mon 7:30-8:25 pm	Jan 12-Mar 30	199243
	5-8 Y	\$135/ 11 weeks	Tue 4:30-5:25 pm	Jan 13-Mar 31	199246
	5-8 Y	\$135/ 11 weeks	Tue 5:30-6:25 pm	Jan 13-Mar 31	199247
	6-11 Y	\$120/10 weeks	Fri 3:30-4:25 pm	Jan 16-Mar 27	199248
	6-11 Y	\$120/10 weeks	Fri 4:30-5:25 pm	Jan 16-Mar 27	199249
	6-11 Y	\$120/10 weeks	Fri 5:30-6:25 pm	Jan 16-Mar 27	199250
	6-11 Y	\$120/10 weeks	Fri 6:30-7:25 pm	Jan 16-Mar 27	199251
	6-11 Y	\$120/10 weeks	Fri 7:30-8:25 pm	Jan 16-Mar 27	199253



Youth Art

A youth-led arts based program. Be creative and have fun!

Program	Ages	Cost & weeks	Day & Time	Dates	Code
Youth Art	7-12 Y	\$10/10 weeks	Fri 6:00-6:55 pm	Jan 16-Mar 27	199262
Youth Art	7-12 Y	\$10/10 weeks	Fri 7:00-7:55 pm	Jan 16-Mar 27	199263

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

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CHILDREN & YOUTH PROGRAMS



Children and Youth Sports

Learn team-building skills and have fun with new friends

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Basketball	7-9 Y	\$67/10 weeks	Mon 5:00-5:55 pm	Jan 12-Mar 30	199202
Basketball	10-12 Y	\$67/10 weeks	Mon 6:00-6:55 pm	Jan 12-Mar 30	199200
Kinder Soccer	3.5-5 Y	\$67/10 weeks	Mon 4:40-5:25 pm	Jan 12-Mar 30	199232
Soccer	6-9 Y	\$67/10 weeks	Mon 5:30-6:25 pm	Jan 12-Mar 30	199259
Multisport	4-6 Y	\$74/11 weeks	Wed 4:00-4:45 pm	Jan 14-Apr 1	199240
Basketball	7-9 Y	\$74/11 weeks	Wed 5:00-5:55 pm	Jan 14-Apr 1	199201
Girls Basketball	9-12 Y	\$74/11 weeks	Wed 6:00-6:55 pm	Jan 14-Apr 1	199222
Girls Basketball	13-17 Y	\$74/11 weeks	Wed 7:00-7:55 pm	Jan 14-Apr 1	199221
Girls Soccer	8-11 Y	\$67/10 weeks	Fri 5:00-5:55 pm	Jan 16-Mar 27	199223
Soccer	6-9 Y	\$67/10 weeks	Fri 4:00-4:55 pm	Jan 16-Mar 27	199257
Soccer	10-12 Y	\$67/10 weeks	Fri 4:00-4:55 pm	Jan 16-Mar 27	199258
Soccer	13-15 Y	\$67/10 weeks	Fri 5:00-5:55 pm	Jan 16-Mar 27	199256
Family Multisport	3-6 Y	\$74/11 weeks	Sat 9:30-10:25 am	Jan 17-Apr 4	199220

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CHILDREN & YOUTH PROGRAMS



Children's Dance

Beginner Ballet: Offers the introduction and development of grace, poise, and discipline. Ballet shoes are recommended.

Jazz/Hip Hop: Improve rhythm and coordination while learning new dance moves. No special footwear required.

Kids Dance: Learn simple introductory dance moves to a variety of dance types. No special footwear required.

Program	Age	Cost & Weeks	Day & Time	Dates	Code
Kinder Jazz/HipHop	30m-3 Y	\$74/11 weeks	Wed 5:00-5:30 pm	Jan 14-Apr 1	199231
Beginner Jazz/Hip Hop	4-6 Y	\$74/11 weeks	Wed 5:35- 6:30 pm	Jan 14-Apr 1	199205
Beginner Jazz/Hip Hop	7-10Y	\$74/11 weeks	Wed 6:35-7:30 pm	Jan 14-Apr 1	199206
Beginner Ballet	4-6 Y	\$74/11 weeks	Thu 5:35-6:30 pm	Jan 15-Apr 2	199203
Beginner Ballet	7-10 Y	\$74/11 weeks	Thu 6:35-7:30 pm	Jan 15-Apr 2	199204
Kinder Ballet	30M-3 Y	\$74/11 weeks	Thu 5:00-5:30 pm	Jan 15-Apr 2	199230
Kinder Ballet	30M -3 Y	\$74/11 weeks	Sat 9:15-9:45 am	Jan 17-Apr 4	199229
Kids Dance	3-5 Y	\$74/11 weeks	Sat 9:50-10:35 am	Jan 17-Apr 4	199227
Kids Dance	6-8 Y	\$74/11 weeks	Sat 10:40-11:25 am	Jan 17-Apr 4	199228

Youth Basketball

Please register in person. *Due to high demand for the Youth Basketball Jr. program, each participant is limited to one registration per week/session*

Program	Age	Cost & weeks	Day & Time	Dates	Code
Youth Basketball Jr.	9-12 Y	FREE/10 weeks	Fri 6:30-7:25 pm	Jan 16-Mar 27	199264
Youth Basketball Jr.	9-12 Y	FREE/10 weeks	Fri 7:30-8:25 pm	Jan 16-Mar 27	199265
Youth Basketball Sr.	13-17 Y	FREE/10 weeks	Fri 6:30-8:25 pm	Jan 16-Mar 27	199266

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CHILDREN & YOUTH PROGRAMS

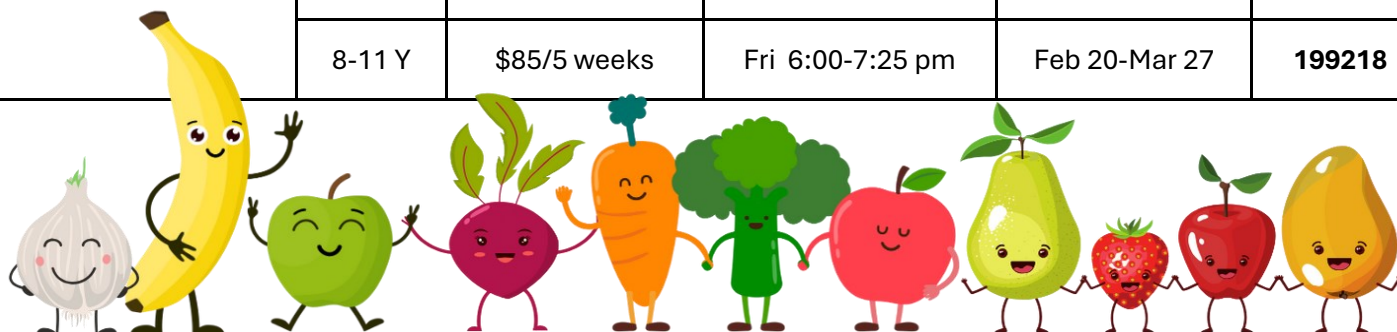
Children's Cooking

Cooking Creations: Join us in the kitchen to create simple and yummy dishes. Supplies included.

Please note, products used in the class may include gluten, dairy, meat, eggs and nuts or nut by products.

Due to high demand for the Kid's Cooking Creations program, each participant is limited to one registration per week/session

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Children's Cooking Creations	5-7 Y	\$85/5 weeks	Wed 4:30-5:55 pm	Jan 14-Feb 11	199208
	8-11 Y	\$85/5 weeks	Wed 6:00-7:25 pm	Jan 14-Feb 11	199212
	5-7 Y	\$85/5 weeks	Wed 4:30-5:55 pm	Feb 18-Mar 25	199216
	8-11 Y	\$85/5 weeks	Wed 6:00-7:25 pm	Feb 18-Mar 25	199215
	5-7 Y	\$85/5 weeks	Thu 4:30-5:55 pm	Jan 15-Feb 12	199209
	8-11 Y	\$85/5 weeks	Thu 6:00-7:25 pm	Jan 15-Feb 12	199213
	5-7 Y	\$85/5 weeks	Thu 4:30-5:55 pm	Feb 19-Mar 26	199210
	8-11 Y	\$85/5 weeks	Thu 6:00-7:25 pm	Feb 19-Mar 26	199214
	5-7 Y	\$85/5 weeks	Fri 4:30-5:55 pm	Jan 16-Feb 13	199207
	8-11 Y	\$85/5 weeks	Fri 6:00-7:25 pm	Jan 16-Feb 13	199217
	5-7 Y	\$85/5 weeks	Fri 4:30-5:55 pm	Feb 20-Mar 27	199211
	8-11 Y	\$85/5 weeks	Fri 6:00-7:25 pm	Feb 20-Mar 27	199218



VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

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CHILDREN & YOUTH PROGRAMS



Children's Robotics

STEM TICS

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
<p>Introduce your child to the exciting world of science and sports with our LEGO® BricQ Motion Essential: Train to Win course! Designed for young learners, this program allows children to build fun sports-themed models using LEGO bricks. As they create and play, they'll explore how objects move and interact, learning about forces like pushes and pulls in an engaging, hands-on way. This course not only sparks curiosity in physical science but also enhances problem-solving skills and teamwork. It's a fantastic opportunity for your child to learn and grow through play!</p>					
LEGO BricQ Motion Essential - Train to Win	4-6 Y	\$70/4 weeks	Sat 9:30-10:25 am	Jan 17-Feb 7	199237
<p>Empower your child to become a young scientist with our LEGO® BricQ Motion Essential: Winning with Science course! In this program, children will build and experiment with LEGO models to understand the principles of forces and motion. Through engaging activities, they'll investigate how objects move, the effects of balanced and unbalanced forces, and learn to predict motion patterns. This hands-on approach makes complex science concepts accessible and fun, fostering critical thinking and a love for discovery. Perfect for curious minds eager to explore the wonders of science!</p>					
LEGO BricQ Motion Essential - Winning with Science	7-9 Y	\$70/4 weeks	Sat 10:30-11:25 am	Jan 17-Feb 7	199238
<p>Introduce your child to the basics of coding and problem-solving with the Sphero indi robot! Designed specifically for early learners, this course uses the colorful and friendly indi robot to teach foundational STEM concepts through play. Children will design and build their own mazes, using color-coded tiles to guide indi and learn how to sequence instructions. This screen-free, hands-on approach encourages creativity, critical thinking, and computational skills in a fun and interactive environment. It's the perfect start to your child's journey into the world of coding and robotics!</p>					
Sphero Indi - The Robot for Early Learners	4-6 Y	\$70/4 weeks	Sat 9:30-10:25 am	Feb 14-Mar 7	199235
<p>Unlock your child's creativity and coding potential with the iRobot Root Coding Robot! In this engaging course, children will learn to program Root to draw, scan colors, and respond to touch and sound. By combining art and technology, this course makes coding tangible and fun, allowing young learners to see their code come to life through Root's drawings. It's an excellent way to develop problem-solving skills, logical thinking, and an early interest in STEM fields, all while having a blast creating with code!</p>					
iRobot Root Coding Robot: Introduction to Drawing with Code	7-9 Y	\$70/4 weeks	Sat 10:30-11:25 am	Feb 14-Mar 7	199236

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.
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ADULT PROGRAMS

Adult Fitness & Wellness Programs

Drop in welcome—paid per session at front desk.

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Heighten your mind and body awareness, increase core strength, and improve balance and flexibility. Please bring your own yoga mat.					
Hatha Flow Yoga	16+ Y	\$78/11 weeks	Tue 7:00-7:55 pm	Jan 13-Mar 31	199224
Yin Yoga	16+ Y	\$78/11 weeks	Tue 8:00-8:55 pm	Jan 13-Mar 31	199261
Pilates	16+ Y	\$78/11 weeks	Thu 6:30-7:25 pm	Jan 15-Apr 2	199254
Core Strengthening	16+ Y	\$78/11 weeks	Thu 7:35-8:30 pm	Jan 15-Apr 2	199219
Pilates	16+ Y	\$78/11 weeks	Sat 11:30 am-12:25 pm	Jan 17-Apr 4	199255
Join us for an energetic and fun-filled class that combines catchy rhythms and easy-to-follow moves for an exhilarating full-body workout!					
Zumba	16+ Y	\$78/11 weeks	Tue 6:00-6:55 pm	Jan 13-Mar 31	199267
Zumba	16+ Y	\$78/11 weeks	Wed 8:00-8:55 pm	Jan 14-Apr 1	201837
Zumba Toning	16+ Y	\$78/11 weeks	Sat 3:00-3:55 pm	Jan 17-Apr 4	199268
Join us for a peaceful meditation class designed to help you relax, center your mind, and cultivate inner calm through guided mindfulness techniques.					
Meditation	16+ Y	\$78/11 weeks	Wed 7:45-8:40pm	Jan 14-Apr 1	199239
Combines strength, endurance, and flexibility exercises to engage all major muscle groups for a full-body workout.					
Total Body Workout	16+ Y	\$78/11 weeks	Sat 12:30-1:25pm	Jan 17-Apr 4	199260

Volunteers needed for outdoor rinks!



Kitchener.ca/volunteer

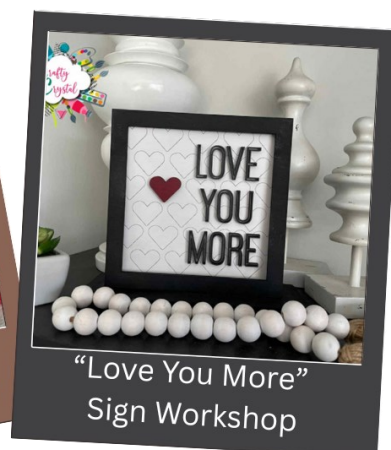
VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.
THERE WILL BE NO PROGRAMMING ON FAMILY DAY AND MARCH BREAK (MARCH 16-20)

GENERAL PROGRAMS

ONE DAY WORKSHOPS

Program	Ages	Day & Time	Date	Cost	Code
Welcome Winter with this adorable 3D Standing Snowman. Together we will paint, assemble, and glue our snowmen together.					
"Let It Snow" Standing Snowman	16+ Y	Tues 7:00-8:30pm	January 13, 2026	\$35	199193
Join Crafty Crystal for this love inspired sign painting workshop. Together we will paint, stain, and assemble our 3D laser cut 6x6 "Love You More" sign to display in your home for years to come.					
"Love You More" Sign Workshop	16+ Y	Tue 7:00-8:00pm	February 3, 2026	\$35	199194
Join Crafty Crystal for a CRAFTY evening making Valentine's Day cards. In this workshop we will decorate wooden Valentine's Day cards & bead your very own friendship bracelets to secure them.					
Children's Valentine's Day Bracelet Card Workshop	6-12 Y	Tue 6:00-7:00pm	February 10, 2026	\$17	199195
Join Crafty Crystal for this 3D Spring inspired sign painting workshop. Together we will stain, paint, assemble, and glue our 10" round "Hello Spring Umbrella" signs.					
3D Spring Sign Painting Workshop	16+ Y	Tue 7:00-8:30pm	March 24, 2026	\$35	199196



VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.
THERE WILL BE NO PROGRAMMING ON FAMILY DAY AND MARCH BREAK (MARCH 16-20)

ADULT PROGRAMS

Adult Sports Programs

Meet new friends while enjoying game play and working on skill development. Program time includes set up and take down of net and poles. These are self guided programs, no coaches on site.

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Intermediate Basketball	18+ Y	\$70/10 weeks	Mon 7:30-8:55 pm	Jan 12-Mar 30	199225
Adult Volleyball	18+ Y	\$78/11 weeks	Wed 7:30-8:55 pm	Jan 14-Apr 1	199198
Badminton	18+ Y	\$78/11 weeks	Wed 6:30-7:25 pm	Jan 14-Apr 1	199199
Intermediate Basketball	18+ Y	\$78/11 weeks	Thu 7:30-8:55 pm	Jan 15-Apr 2	199226

OLDER ADULT PROGRAMS

Meet new people and learn new skills.

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Knitting	55+ Y	FREE	Tue 1:00-3:00pm	All Year Round	N/A

Winter Word Search

BLIZZARD
BOOTS
COAT
COCOA
COLD
DECEMBER
EARMUFFS
FEBRUARY

FIREPLACE
FROSTY
HAT
ICE
ICICLES
JANUARY
MARCH
MITTENS

PLOW
SCARF
SHOVEL
SKIING
SLEDDING
SNOW
SWEATER
WINTER

S K I I N G S N O W B O O H T
S F I R E P L A C E I N G E O
L I E A R M U F F S C N Y T S
E W S B C O L T R A E S T A C
D I M L R O W S N O U G H E A
D N U I A U L O W P S H T O R
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P O T D E C E M B E R I L C L
L A S N C R O V I N C L O L R
O A D H J K T C E S H O V E L
W J A N U A R Y O E S A H S T
M I T T E N S W E A T E R E L

CITY OF KITCHENER PROGRAMS



Children & Youth Programs

Sports Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Tween Volleyball	9-11 Y	\$36.64/8 weeks	Sat 2:00-3:00 pm	Jan 17-Mar 7	201065
Youth Volleyball	12-14 Y	\$36.64/8 weeks	Sat 3:15-4:15 pm	Jan 17-Mar 7	201066
Youth Drop-In	12-17 Y	FREE/8 weeks	Sat 6:00-8:00 pm	Jan 17-Mar 7	N/A

Older Adult Programs

Art Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
The Fundamentals of Drawing	55+ Y	FREE/9 weeks	Mon 12:30-2:00pm	Jan 12-Mar 23	200666
Oil Painting	55+ Y	\$39/10 weeks	Wed 1:00-2:30pm	Jan 14-Mar 25	200604

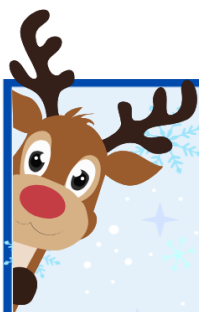
Fitness Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Chair Yoga	55+ Y	FREE/12 weeks	Sat 11:30-12:30pm	Jan 10-Mar 28	201127
Gentle Yoga	55+ Y	FREE/12 weeks	Sat 12:45-1:45pm	Jan 10-Mar 28	201135
Zumba Gold	55+ Y	FREE/12 weeks	Sat 2:00-2:45 pm	Jan 10-Mar 28	201138

Adult & Older Adult Programs

Piano Lessons

Program	Ages	Cost	Day & Time	Dates & Weeks	Code
Piano Lessons for Adults: Beginner	18+ Y	18-54 Y— \$105.60	Tue 3:25-4:20pm	Jan 13-Mar 24 10 weeks	200620
		55+ — \$86.50			
Piano Lessons for Adults: Beginner	18+ Y	18-54 Y— \$105.60	Tue 6:30-7:25pm	Jan 13-Mar 24 10 weeks	200616
		55+ — \$86.50			
Piano Lessons for Adults: Continuing	18+ Y	18-54 Y— \$105.60	Tue 7:30-8:25 pm	Jan 13-Mar 24 10 weeks	200621
		55+ — \$86.50			



Community Partner Programs



All partner programs are free!

Program	Ages	Day & Time	Dates
Early ON - Drop In	0-6 Y	Fridays 9:30 -11:00 am	Jan 16-Mar 13
iHelp Youth Basketball (KW Panthers)	13-17 Y	Thursdays 4:00-6:00 pm	Jan 8-Mar 26
Camino Wellbeing + Mental Health Pathways to Education	Highschool students	Wednesdays 4:30-6:30 pm Tutoring: 4:30-7:30 pm	Jan 7-Mar 25
Camino Wellbeing + Mental Health Family Movement and Wellbeing Group	Parents + Children Ages 6-9 Y <i>For families in Waterloo Region who are immigrants or refugees.</i>	Tuesdays 4:00-5:30 pm	Jan 13-Mar 3
Learn English Make Friends	-	Tues 10-11:30 am	Jan 6-Mar 31
		Thur 7-8:30 pm	Jan 8– Mar 26
HOPE ESL Book Club	-	First Monday of the month 11:00-12:30pm	Jan 5-Feb 2-Mar 2
Gentle Exercise Community Support Connections	55+ Y	Tuesday & Thursday 9:30-10:30 am	Jan 7-Mar 26
House of Friendship—Food Distribution	18+ Y	Mondays 12:30-3:30 pm	Jan 5-Mar 30
WLU-Sun Life Active Integration	18+ Y	Thursdays 12:30-2:00 pm	Jan 29-Apr 2 No session on Feb 19 & Mar 19
AA Group Love & Tolerance Meeting	-	Wednesdays 1:00-3:00pm	Jan 7-Mar 25
KW After Stroke	18+ Y	Third Tuesday of the month 6:30-8:45 pm	Jan 20-Feb 17- Mar 17
Project Linus of Canada	18+ Y	First Wednesday of the month 9:30am-12:00 pm	Sept-June
Adventure Learning — House of Friendship	6-13 Y	Monday 4:00-5:30pm	Jan 12-Mar 30 March Break—off
Multicultural Adult Cooking House of Friendship	18+ Y	Thursday 9:30-11:30am	Jan 15-Mar 26 March Break—off
AFRO	AFRO—(African Family Revival Organization) run different programs throughout the week for different age groups. Inquire at the front desk for more information.		

COMMUNITY CENTRE SERVICES



Family Outreach Worker

Do you have children (up to 17 years) and are wondering how you can connect to resources for basic needs within your community?

Make an appointment with our Family Outreach Worker Dilber
519-498-7468 or **dilbers@houseoffriendship.org**

Neighborhood Food Program

For the Victoria Hills neighbourhood

Mondays from 12:30 p.m. to 3:30 p.m.

.....Call for an appointment: **519-404-2276**

.....Community Development Worker: **Marwa Eid**

Need help? Service in more than 200 language

City staff can help you in your language. Ask us!

Besoin d'aide? Nous pouvons vous aider dans votre langue. Il suffit d'en faire la demande.

للمساعدة؟ يمكننا التحدث بلغتكم لمساعدتكم. ما هو طلبكم

Caawimo ma rabtaa? Waxan kugu caawin karnaa luqadaada. Na weydii!

እርዳታ ይፈልጋሉ? በቋንቋዎ ልንረዳዎ እንችላለን። ተይቁን!

ሓገዝ ትደልዩ? ብቋንቋኹም ከንሕግዘኩም ንክእል። ሕተቱና!

کمک نیاز دارید؟ ما می توانیم به زبان خودتان به شما کمک کنیم. از ما بپرسید

¿Necesita ayuda? Le podemos ayudar en su idioma. ¡Pregúntenos!



**YMCA of
Three Rivers**

Settlement Services

YMCA Immigrant Services, Settlement Worker

Available at Victoria Hills CC on Tuesdays from 9:00am-5:00pm and Fridays from 9am-12pm

T: 519-579-9622

E: newcomers@ytr.ymca.ca

Can support you with:

- Completing forms and documents
- Personal and family settlement process
 - Immigration and legal issues
 - Canadian life and culture
 - Employment and education

And more!